

What is Feng Shui?

**“I don't have to believe in Feng Shui,
I do it because it makes me money.”
- Donald Trump**

Feng Shui is known as the “art of placement.” It is a proactive and positive approach to designing a living or working environment to improve one’s quality of life. The literal translation in Chinese is “wind water.”

Feng Shui is often misinterpreted as a religion, cult or superstitious practice. Feng Shui is a very real solution today used by people from various cultures to design the best overall environments to live and work in.

The goal of Feng Shui is to achieve harmony, comfort, connection and balance in one’s home, workplace and life. Feng Shui is the study of biology, design, art, psychology, and science. Feng Shui identifies the positive and negative effects an environment has on a person’s physical and emotional well-being. Feng Shui transforms spaces to be more empowering, harmonious, and healthier. This makes life easier and more fulfilling. The end result is an optimum environment that supports personal and business goals.

Feng Shui is about creating nurturing therapeutic environments. When an environment expresses positive messages and symbolism it is energizing.

Positive surroundings create positive futures.

-Rochiel Wallers, Certified Feng Shui Consultant

Feng Shui improvements are achieved through healthful arrangements of furnishings, home décor; decorative images that inspire, appropriate lighting, and color applications that are introduced into an environment to positively affect a person’s well-being. On average, many people today; spend at least 80% to 90% of their time indoors. This is why creating a healthy and supportive atmosphere to live and work in is so important.

As many psychologists have said and most people would agree, “We are products of our environment.” Our homes and work environments have an enormous impact on our state of mind and overall health. Many are familiar with the Winston Churchill quote “We shape our dwellings; thereafter are dwellings shape us.” This observation states a profound architectural truth that applies to all buildings, public and private. In the beginning, buildings reflect the qualities of the people who design and construct them. Once built, the people who live and work in them take on the qualities of the buildings they inhabit. Prosperity and feeling good is directly related to the flow of energy in your environment.